# Pathways A Healing Center

## Healing Within. Renewing Life. **EXECUTIVE DIRECTOR'S MESSAGE**

2020 was a challenging year. Many factors and events dramatically impacted the Pathways community, and we had to adapt to continue to move forward as a growing, healing organization.

#### Covid-19

When Covid-19 hit hard in March, we quickly pivoted and thoughtfully developed a high-quality, virtual programming platform for our participants. After a successful launch in June, our virtual programming continues to grow in capacity, being well-received by both participants and providers..

#### **Racial Unrest**

George Floyd's death in June sparked a months-long deliberation for our staff, providers and board. Through personal assessments, thoughtful group discussions, and future racial justice training, we are committed to listening intently in order to learn how we can carefully weave our approach towards racial equity into our organizational DNA.

In 2021, we will continue to explore virtual programming opportunities and consider how Pathways programs may evolve when our building can safely re-open. Our momentum to grow moves forward without hesitation, along with our vision to become one of the leaders in the healing community.

We drafted (and with the arrival of Covid-19, slightly adjusted) a strategic, multi-year plan designed to build upon the pillars of our organization:

### **Participant Healing and Capacity**

While initially borne out of crisis, our virtual programming continues to be successful and will remain an ongoing extension of Pathways, expanding our reach across Minnesota and ultimately the nation. With that growth, we will welcome new providers and continue to build upon the healing gifts offered by our wonderful community of volunteers.

#### **Racial Equity and Healing**

Our racial equity focus in 2020 was not a one-time consideration; we will continue to listen to the cultural community and discover ways to more seamlessly expand our programming. This may result in new outreach efforts or training of providers in the cultural community.

#### **Partnerships**

Our belief is that community expansion will be best implemented with continued programmatic growth through strengthening of new and existing partnerships. In an environment of growing isolation, community connections and collaboration have become even more important.

#### Revenue

Our vision and desire for growth will require continued financial support and fuel. While Covid-19 dramatically impacted the financial health of the non-profit community, your continued-or newgenerous support will help Pathways grow and evolve in this ever-changing, integrative health sector.

Thank you for your continued support that provides powerful programs and healing to so many.

Tim Thorpe, Executive Director

### **A Loving Acknowledgment**

Our founder and longtime board member, Penny Winton, stepped down from our board at the end of 2020. Along with her husband, Mike, Penny was a powerful force in helping to build a holistic health community in the Twin Cities. Her vision and advocacy for those in need who could not afford higher-cost holistic services gave rise to Pathways over 30 years ago.

We thank you, Penny, for allowing us to provide healing and resilience to thousands of participants.



Pathways co-founder, Penny Winton

## 2020 Financial Summary

#### **ASSETS**

Total Assets	\$1,294,551
Property and Equipment (net)	\$282,877
Prepaid Expenses	\$6,476
Contributions Receivable	\$535
Investments	\$949,987
Cash and Cash Equivalents	\$54,675

#### **LIABILITIES**

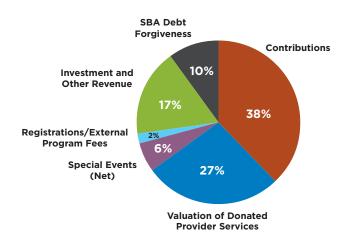
Total Liabilities	\$3,546
Other Accrued Liabilities	\$360
Accounts Payable	\$3,186

#### **NET ASSETS**

Total Net Assets	\$1,291,005
Temporarily Restricted Net Assets	\$355,707
Unrestricted Net Assets	\$935,298

Total Liabilities & Net Assets \$1,294,551

#### **Total Revenue 2020**



#### **Total Expenses 2020**

